



2022 ANNUAL REPORT To The Community

It is the mission of
HOMETOWN Health Center
to provide compassionate, comprehensive, affordable and accessible
health care to people of all ages, regardless of economic status.





Report from HOMETOWN Health Center CEO Robin Winslow

This has been an exciting year. We weathered the COVID-19 pandemic and were able to provide testing and vaccinations to our community. It was not easy and was taxing on staff, but I could not be more proud of the work they all did to benefit our community. I am so grateful for all of them.

We are underway with plans to build a new, state-of-the-art wellness and recovery center (see page 4 for details) and are looking forward to all it will mean for the community. There will be no other facility like it for hundreds of miles. The best part is that the center is for the community at large, not exclusively for patients. There are so many ways that this new facility can enrich the lives of

our families and neighbors. We are currently fundraising so if you would like to donate and support this vision, please visit our website hometownhealthcenter.org.

We are pleased to announce we have ordered our new mobile medical unit (see right) so we may reach even more people who may have trouble accessing care. We are also very happy with the success of the School Based Health Center. HOMETOWN Health Center continues to grow and we appreciate our patients, staff, and community.

Robin

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PhD, MD, CMO
Dr. Israel Adeloyle, *DMD, CDO*

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Lindsay Norton, FNP
Assistant Chief Medical Officer
Dr. Israel Adeloyle,
Chief Dental Officer
Serenity Barlett, FNP
School Based Health Center Provider
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Dr. Ellen Anderson, *Podiatrist*
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David Arena, PhD, LCPC
Director of Behavioral Health
Christie Hesseltine, LADC, CCS

Health Resources and Services Administration Recognition



Our Year

6,420 Patients
15,797 Medical Visits
3,643 Dental Visits
976 Behavioral Health Visits
281 Podiatry Visits
1,037 COVID Vaccines
317 transports in HHC van
55 Employees
\$121,654 in Sliding Scale Savings
\$462,060 in 340B Patients' Savings
on prescriptions

\$500 Spent on warm winter items for those in need
103 Pounds of produce grown and distributed
250 Children attended Trunk or Treat

Other Community Outreach

- Holiday meals for those in need
- Free dental care for 19 uninsured children on Give Kids a Smile Day, totaling \$8,000 in services.

Patients' Stories. And the HHC caring difference.

Mini Grant Success Story

In September 2022 HHC was awarded \$2500 from the Helping Hands Mini Grant Program. This money was used to purchase personal hygiene bags for patients in need.

Each bag contained shampoo, conditioner, soap, combs, toothpaste, toothbrushes, deodorant, and wet wipes. The team assembled 98 hygiene bags gave them to both providers and Community Health Workers to distribute.

Additionally bags of feminine hygiene products were put together to supplement people in need.



Hard to Sleep

A patient had been experiencing health issues and told the provider that he hadn't slept in his bed for close to ten years. After his appointment, HHC's community health worker team met with the gentleman and then connected with local resources seeking help on his behalf. Working with funding from Community Care Partnerships of Maine (CCPM), our employees delivered a new mattress to the patient's home and set up the bed with new pillows and bedding.

On the Road for Patients: Our driving force for health care.



We have ordered a Medical Mobile Unit to further reach patients in the most rural parts of our service area. The unit will have two full exam rooms, one of which will be outfitted with a fully functional dental operator that will have x-ray and sterilization equipment. The equipment is removeable, and the room may double as a medical or behavioral health exam area.

The second exam room is outfitted with a top-of-the-line Midmark medical package. Between the two exam areas is a fully equipped lab, restroom, and a check-in area. In addition, the unit is Americans with Disabilities Act accessible with an indoor mounted wheelchair lift. The unit has Wi-Fi capability so that providers can access patients' electronic health record in real time. We are very excited and pleased to be able to bring this service to our community.



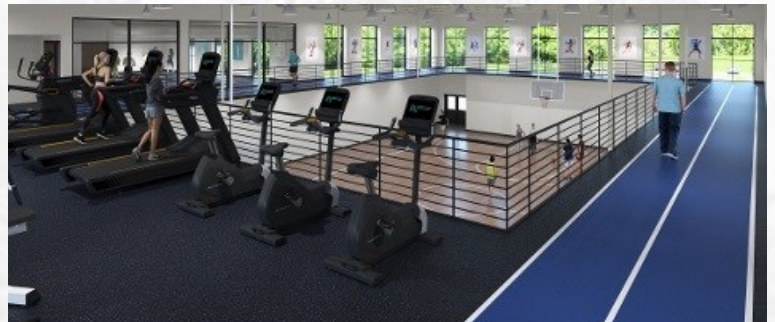


HHC's Medical, Wellness, and Recovery Center

HHC's *Medical, Wellness, and Recovery Center* will be built in Palmyra and will centralize care services to more than 6,420 HHC patients. This cutting edge facility will enable us to grow as we meet the ever-changing needs of our community. There will be a community/education space which will allow HHC to offer classes and group sessions, a senior center, a day care center, a fitness room, indoor walking track and a fully outfitted training room all for use by the community.

This center will feature several leading-edge technologies to reduce our operational costs by incorporating high-efficiency HVAC systems and construction materials, maximize patient and visitor safety by reducing the spread of airborne illnesses with updated air filtration systems, and provide our region with a 'community hub' for wellness classes, meetings, affordable exercise, and an expanded food cupboard for our food challenged populations.

If you'd like to help us make HHC's Medical, Wellness, and Recovery Center a reality, please visit hometownhealthcenter.org and click **DONATE NOW** We appreciate your support.



Fighting the Good Fight Against Substance Use Disorder



To honor National Recovery Month in September, employees participated in a training about substance use issues that are impacting our communities. Guest speakers discussed new drug therapies to treat addiction. Professionals from Maine Access Points and Options (Augusta and Skowhegan) discussed how their organizations are helping Maine residents deal with addiction and recovery.

Part of the 4-hour workshop focused on the movie ***Jacinta***. Directed by Jessica Earnshaw, the film tells the story of Jacinta Hunt and her mother, Rosemary Garcia, who try to break the cycle of generational trauma and addiction that led them through multiple incarcerations and profound difficulties that they continue to grapple with every day. *See Jacinta's story below.*

The film about Jacinta and her mother was shown free of charge to the public later that day at The Millennium, followed by a panel discussion. The film is currently available for viewing on Hulu.

HHC's MAT Program offers leading-edge outpatient care and treatment for people struggling with addiction to illicit substances and opioids, including providing free Narcan to anyone who requests it, no questions asked. For more information, call toll-free 866-364-1366 or visit hometownhealthcenter.org or scan right. →



JACINTA | FREE SCREENING

RECOVERY IN MAINE | USING
DOCUMENTARY FILM &
COMMUNITY DISCUSSION TO
CONFRONT THE OPIOID CRISIS

THURSDAY, SEPTEMBER 29
MILLENNIUM EVENT CENTER
416 OXBOW ROAD, PALMYRA
DOORS 5:00PM
FILM 6:00PM

FREE FOOD FROM GEEZ LOUISE THAT'S
A WRAP FOOD TRUCK STARTING AT 5PM

Jacinta Tells Her Story

My name is Jacinta Hunt.

The documentary about my journey was filmed over a four year period as I fell in and out of the Departments of Corrections and active use.

My story outlines many topics including but not limited to trauma, intergenerational addiction and incarceration.

The producer walked my journey with me. I wanted so badly to get out of my current situation but couldn't get out of my own way. During the time of filming, I was charged with trafficking drugs, possession of drugs and illegal possession of illegal firearms leading me to getting sentenced to my last incarceration for seven years.

While incarcerated I enrolled in college at UMA, honestly to get more time out of my cell. During my first semester, I made a great connection with a professor that helped use my studies to evaluate my self-worth and my future.

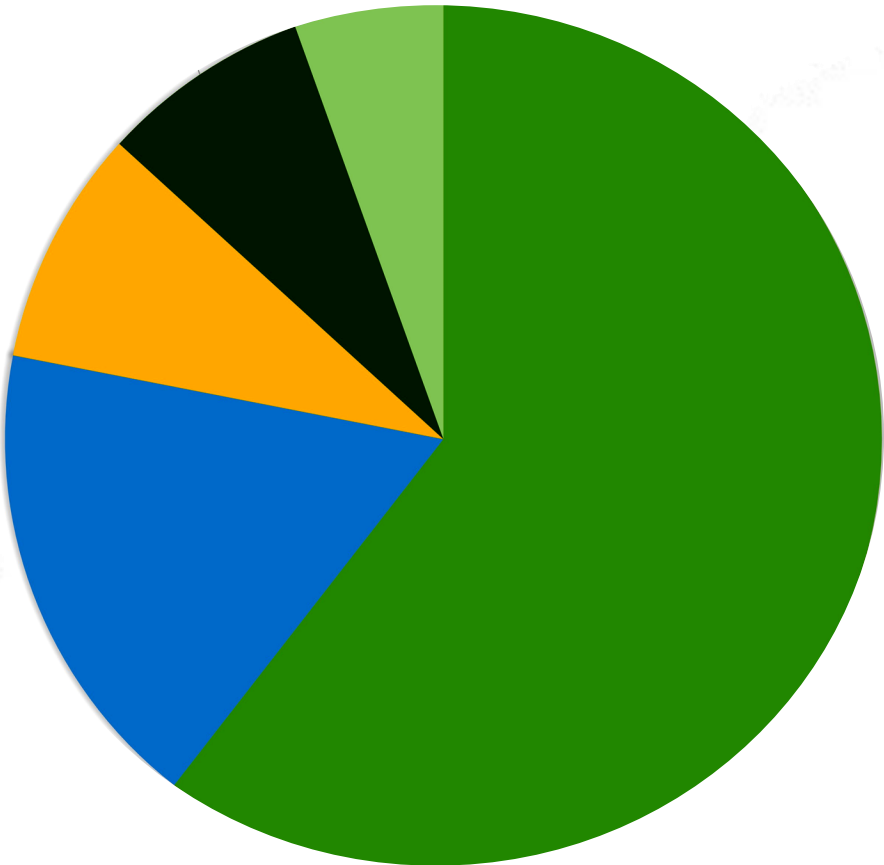
I was the first UMA student to get invited to the honors program freshman year, was recognized as a Rising scholar and, wrote a published paper, all before the end of sophomore year. I continued school through my incarceration.

Once released, I connected with formerly incarcerated people and continued conversations about our passions. I used everything I learned in every meeting and worked to build a structured peer recovery coaching program. I realized very early that the connection of shared experiences was our most powerful weapon. I created a program based on the Bill W. theory of Alcoholics Anonymous - that one person helping another with shared experience ignites a healing process that has been proven to save more lives than any other recovery program to date!!

Financials

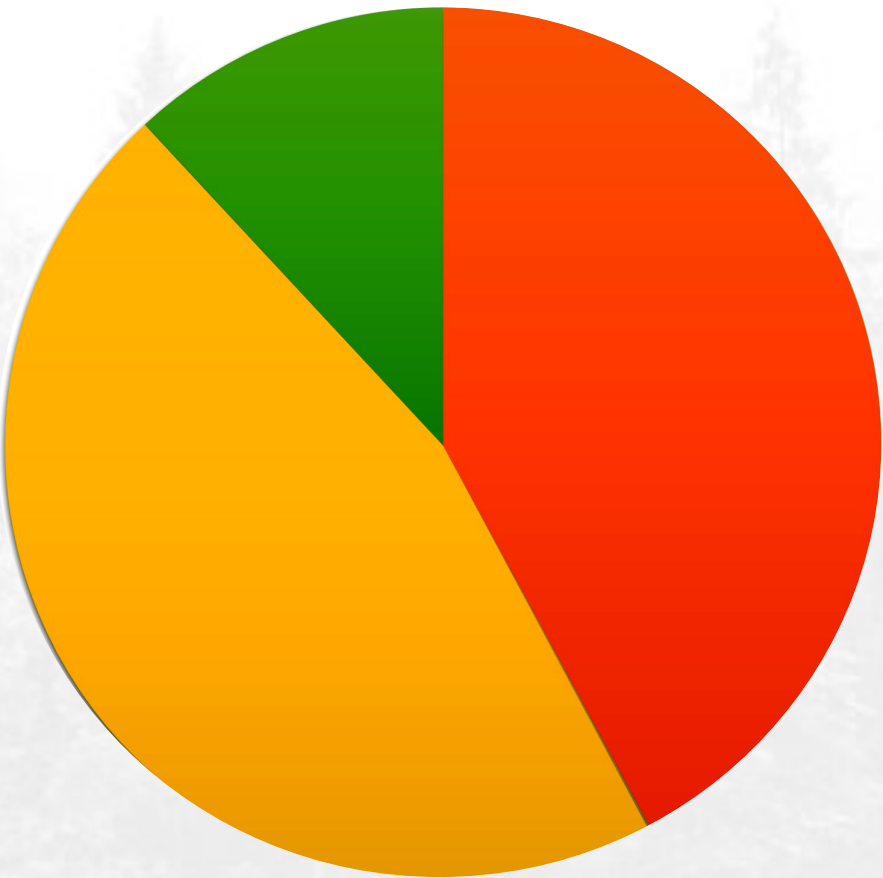
Expenses: \$6,131,922.31

- Personnel
- Professional Fees
- Operating Expenses
- Supplies
- Miscellaneous



Revenue: \$7,871,596.44

- Grants
- Programs
- Other Income



Events: Improving Quality of Life in the Community

COMMUNITY GARDEN

HHC's Community Garden is a volunteer effort by staff, members of the community and students at Nokomis Regional High.

Every season produce is grown, harvested, and distributed to anyone who needs or wants it without cost.

This garden is only one of the ways that Hometown Health Center is fighting food insecurity in our community.

GIVE KIDS A SMILE DAY

Every year HHC sets aside Give Kids A Smile Day for uninsured children to receive dental care.

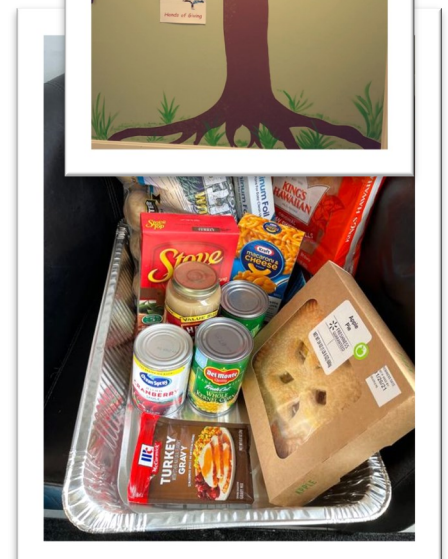
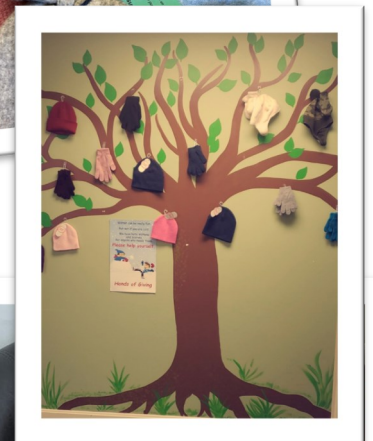
It is well documented that children who have oral health problems often don't do well in school, have sleep disturbances, and may be malnourished as eating is often painful.

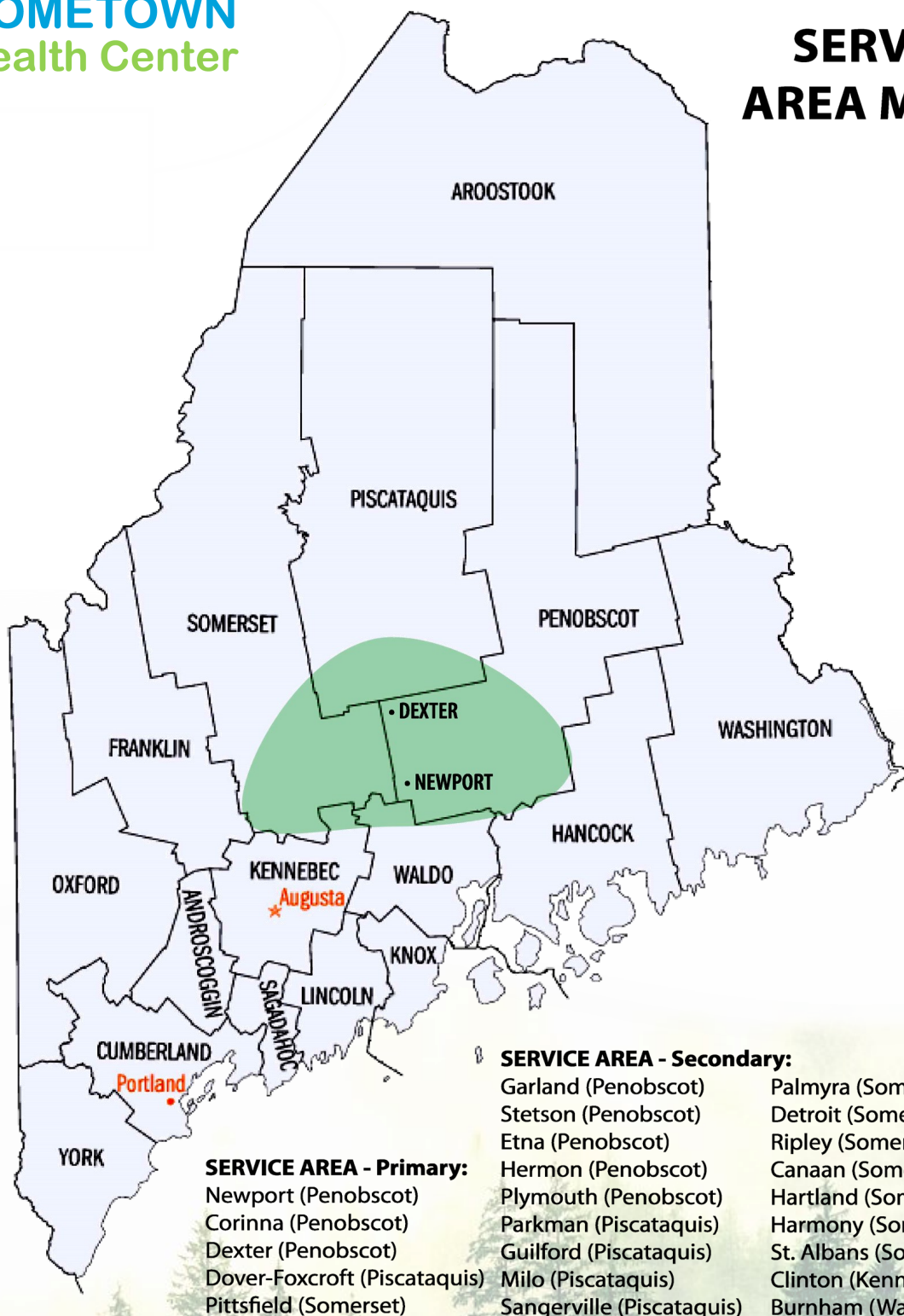
Oral health is important to overall health and we want to make our children as healthy as possible.

HOLIDAY MEALS & WARM ITEMS

Every year, HHC determines who in the community could benefit from a holiday meal with all the trimmings. Often people cannot afford such a meal so, in order to fight food insecurity again, and to make someone's holidays special, we provide a basket of food.

As winter turns the temperatures colder, we also give away free mittens, hats, scarves, etc. to anyone who is at risk for being cold.





HOMETOWN Health Center

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Newport, ME 04953

School Based Health Center
291 Williams Road, Newport, ME 04953

29 Church Street
Dexter, ME 04930

1-866-364-1366

hometownhealthcenter.org